



COMPLETECARE
— MANAGEMENT —

May- Complete Care Dining Service Inc. Monthly Menu

Week 1	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Saturday 5/01/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Pepper Steak over White Rice, Oriental Vegetables Or Her Crusted White Mac & Cheese, Stewed Tomatoes Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey Sandwich w/ Tossed Salad Or Classic Tuna Fish Sandwich, Creamy Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 2	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 5/02/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Baked Ham w/ Pineapple Sauce, Fresh Sweet Potatoes, Sauteed Green Beans Or Roast Lamb w/ Mint Jelly, Lemon Risotto, Winter Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Meatball Parmesan Sub, Broccoli Floret Salad Or Italian Hoagie on a Roll, Carrot Raisin Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 5/03/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Slow Cooked Corned Beef, Boiled Potatoes w/ Fresh Garlic, Sauteed Cabbage Or Salmon w/ Chopped Onion, Celery, & Carrot, Succotash w/ Butter, Stewed Tomatoes Dessert: Assorted Cakes/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Monte Cristo Sandwich on French Toast, Asian Fusion Spinach Salad Or Taylor Ham, Egg & Cheese on a Roll, Marinated Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 5/04/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Parslied Spaghetti w/ Italian Sausage, Tossed Salad Or Stuffed Meatloaf, Scaloped Potatoes, Prince Edward Vegetables Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Breaded Chicken Filet w/ Honey Mustard, Lettuce & Tomatoes Or Crab Cake on a Roll, 3 Bean Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 5/05/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Hungarian Goulash w/ Fresh Mushrooms, Parslied Noodles, Stewed Vegetables Or Homemade Stuffed Cabbage Rolls, Buttery Mashed Potatoes, Dill Carrots Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Western Omelet Fritter, Old Bay Potato Wedges, Garlic Spinach Or Grilled Ham & Cheese, Harvard Beets Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks



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Thursday 5/06/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	General Tso Chicken over White Rice, Steamed Green Beans Or Lasagna Rolette, Chunky Bolognese, Tossed Garden Salad Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Submarine Sandwich, Marinated Artichokes Or Tuna Platter, Creamy Cole Slaw, Potato Salad, Crackers Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 5/07/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Breaded Fish Tenders, French Fires, Garlic Butter Broccoli Florets Or Rosemary Crusted Turkey, Stuffing w/ Cranberries, Creamed Spinach Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Hot Roast Beef Sandwich w/ Au Jus, Tossed Salad Or Chili Con Carne over White Rice, Sautéed Zucchini Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 5/08/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Homestyle Meatloaf w/ Mushroom Gravy, Garlic Mashed Potatoes, Glazed Carrots Or Liver & Onions, Creamed Corn, Stewed Tomatoes Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Salad on a Croissant, Marinated Tomato Salad Or Egg Salad w/ Relish, Broccoli Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 3	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack	
Sunday 5/09/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Happy Mother's Day Meal		Coffee/ Tea Assorted Snacks	Soup of the Day Beer Battered Cod a Roll, 3 Bean Salad Or 3 Cheese Mac & Cheese w/ Crunchy Bread Crumb Topping, Mixed Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 5/10/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Spaghetti & Italian Meatballs, Roasted Broccoli Or Red Pesto Crusted Pork Chops, Rice & Lentils, Green Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Cheese Hot Dog w/ Sauerkraut, Grillin Baked Beans Or California Burger, Lettuce & Tomato Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	
Tuesday 5/11/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Adobo Chicken Thighs, Corn Bread Stuffing Muffins, California Blend Vegetables Or Liver & Onions, Buttery Mashed Potatoes, Winter Blend Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Tuna Salad Sandwich, Carrot Raisin Salad Or Egg Salad Sandwich w/ Relish, Spinach Garden Salad Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	



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Wednesday 5/12/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Cheddar Stuffed Meatloaf, Parslied Noodles, Sugar Snap Peas Or Ham Steak off the Grill, Scalloped Potatoes, Garden Fresh Zucchini Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day BBQ Pulled Pork on a Roll, String Beans w/ Butter Or Chicken Salad Sandwich w/ Rainbow Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 5/13/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Parmesan Crusted Tilapia, Seasoned Potatoes w/ Old Bay, Oriental Blend Vegetables Or Shepherd's Pie, Mixed Vegetables Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Specialty Pizza, Tossed Salad Or Chicken Ranch Club Sandwich, Beet Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 5/14/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Roast Pork Loin w/ Sauerkraut, Fresh Baked Sweet Potatoes, Broccoli Rabe Or Turkey Legs w/ Peach Stuffing, Sauteed Green Beans Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Philly Cheese Steak, Peppers & Onions Or Potato Crusted Cod Sandwich, 3 Bean Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 5/15/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Stuffed Cabbage Rolls, Parslied Noodles, Key Veal Marsala w/ Fresh Mushrooms over Pasta, Creamed Spinach Or Swedish Meatballs over White Rice, Broccoli Florets Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Deluxe Cheeseburger w/ Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 4	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 5/16/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Stuffed Pepper Parmesan, Buttered Noodles, Parslied Carrots Or Montreal Baked Chicken, Stuffing, Sauteed Green Beans Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Crab Cake on a Roll, Marinated Vegetables Or Chili Dog, Sauerkraut Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 5/17/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Chicken Chow Mein w/ Crunchy Noodles, Sticky White Rice, Chinese Vegetables Or Breaded Pork Cutlet, Lump Mashed Potatoes, Sauteed Cabbage Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Classic Rueben Sandwich on Rye, Creamy Cole Slaw Or Tuna Melt on an English Muffin, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Tuesday 5/18/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Spaghetti & Italian Meatballs, Tossed Salad Or Open-Faced Turkey, Fresh Sweet Potatoes, Garden Zucchini Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Menu Planning Meal	Coffee/ Tea Assorted Snacks
Wednesday 5/19/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Beer Battered Cod, 3 Cheese Mac & Cheese, Garlic Spinach Or Stuffed Salisbury Steak, Dirty Rice, Roasted Asparagus Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Roast Beef & Provolone Sandwich, Cucumber Basil Salad Or Turkey & Swiss Sandwich, 3 Bean Marinated Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 5/20/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Thinly Sliced Roast Beef w/ Savory Gravy, Red Skin Mashed Potatoes, California Blend Vegetables Or Island Style Baked Chicken, Parslied Noodles, Green Beans Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Pepperoni Pizza, Tossed Salad Or Ham & Cheese Sandwich, Greek Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 5/21/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Shaved Honey Ham w/ Pineapple Rings, Scalloped Potatoes, Crinkle Cut Carrots Or Mussels Marinara over Parslied pasta, Broccoli w/ Garlic Dessert: Assorted Cake/Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Meatloaf Parmesan on a Roll, Creamy Cole Slaw Or Turkey Pot Pie, Mixed Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 5/22/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	3 Cheese Jumbo Ravioli w/ Chunky Bolognese, Broccoli Florets Or Veal Cutlet, Stuffing Creamed Spinach Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Seafood Salad on a Croissant, Carrot Raisin Salad Or Grilled Chicken Caesar Sandwich, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 5	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 5/23/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Thinly Sliced Roast Beef w/ Mushroom Gravy, Buttered Noodles, Sauteed Green Beans Or Maple Glazed Ham, Scalloped Potatoes, California Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Turkey & Cheese Sandwich, Lettuce & Tomato Or Liverwurst on Rye, Lettuce & Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Monday 5/24/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Herb Butter Baked Chicken, Season Potatoes, Sunshine Carrots Or Pork Chop w/ Applesauce, Stuffing, Fresh Garden Squash Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Vegetable Quiche in a Pie Shell, Broccoli Florets Or Meatball Parmesan, Caprese Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 5/25/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Homemade Beef Stroganoff over Parslied Pasta, Garlic Spinach Or Breaded Chicken Alfredo, Fresh Sweet Potato, Montreal Steak Seasoned Zucchini Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Tuna Salad Sandwich, 3 Bean Salad Or Ham Sandwich, Pickled Beets Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Wednesday 5/26/2021	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Sausage Assorted Hot/ Cold Cereal	Classic Baked Ziti, Meat Sauce, Tossed Salad Or Veal Cordon Blue, Seasoned Potatoes, Sauteed Cabbage Dessert: Assorted Fruited Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Chicken w/ Swiss, Peppers & Onions, Greek Salad Or Kielbasa, Cabbage, Roasted Potatoes Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 5/27/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Stuffed Flounder, Rice Pilaf, Vegetarian Blend Vegetables Or Stuffed Salisbury Steak, Baked Potatoes, Winter Blend Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Corn Dog w/ Kraut & Beans Or Grilled Ham & Cheese, Carrot Raisin Salad Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Friday 5/28/2021	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Herb Butter Pork Chops, Lemon Risotto, Sauteed Green Beans Or Turkey Gobbler Bowl (Turkey, Stuffing, Carrots, Gravy in a Pie Shell) Dessert: Assorted Cake/Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Tenders, Stewed Tomatoes, 3 Cheese Mac & Cheese Or Philly Cheese Steak, Peppers & Onions, Fries Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 5/29/2021	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Stuffed Cabbage Rolls, Parslied Noodles, Key West Blend Vegetables Or Chicken Cordon Blue, Wild Rice, Creamed Spinach Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Bread Cod Filet Sandwich, Creamy Cole Slaw Or Egg Salad Sandwich, Lettuce & Tomato Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 6	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 5/30/2021	Coffee/ Tea Assorted Pastry	Omelet & Pastry Assorted Hot/ Cold Cereal	Stuffed Pork Loin w/ Gravy, Traditional Stuffing, Sautéed Kale Or Roast Lamb w/ Mint Jelly, Sweet Potato Mash, Broccoli Florets Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Specialty Pizza, Tossed Salad Or Cheese Blintz, Fruit Topping, Freshly Baked Muffin Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 5/31/2021	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Bacon Assorted Hot/ Cold Cereal	Homemade Veal Stew over Rice Pilaf, Stewed Vegetables Or Poached Salmon, Buttery Creamed Corn, Garlic Green Beans Dessert: Assorted Cake/ Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Ham & Mozzarella Melt, Creamy Cole Slaw Or Liverwurst on Rye, Lettuce, Tomato, Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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